

THE GROUP SCOOP



THE PORTLAND, OR AL-ANON INFORMATION SERVICES NEWSLETTER

Service Concepts

Concept Eleven

The World Service Office is composed of selected committees, executives, and staff members.

Concept Twelve

The spiritual foundation for Al-Anon's world services is contained in the General Warranties of the Conference, Article 12 of the Charter

Service Work

When we get involved in service work, we are not performing some good deed; we are taking a positive action that has an immediate effect upon us - our growth, our well-being, and our recovery.

•How has service enriched your recovery?

Share your story with the Group Scoop

Service Sponsorship

In addition to a regular most of us can benefit by working with a Service Sponsor. A Service Sponsor can help us study the Twelve Traditions and Twelve Concepts of Service and prepare, and guide us through, the expansion of our service. You can seek a Service Sponsor as an addition to your Al-Anon support, recovery, and serenity team.





WHAT'S GOING ON AT AIS

New AIS Website Update : Come check out the new AIS website. The site officially launched in September and we have been working through any quirks. The new site will give AIS flexibility and control of updates. A big Al-Anon thank you to Carla H (Overlook AFG) and Nicole C (Tower Group AFG) for teaming up with Deanna M (New Me AFG) to build the new site. You can be of service to the site by visiting and checking out your groups information, clicking links and emailing the AIS office if there are any changes needed. Please check out the AIS website at www.al-anonportlandoregon.org

AIS Office Position Open:

Help us to thank Nancy B for the last 10 years of service she has given to our Portland AIS. Nancy's last day will be November 21st. At this time the Board will do our best to keep the office open in person on Tuesday, Wednesday & Thursdays. If possible, contact the office prior to coming up. AIS currently has a paid job-share position open, which consists of 16-24 hours/week between the hours of 9am-5pm. A requirement for the position is that the applicant must be an active member of Al-Anon for a minimum of one year. Per the AIS Bylaws, applicants cannot also be a member of AA and if the applicant accepts the position, they would no longer be able to hold any position beyond the group level. This position focuses on bookkeeping, payroll & tax filings for a 501(c)3. Additional skills needed include data entry, composition of documents & business letters, knowledge of Al-Anon literature and ability to work well with the public, other members, and co-workers. If you believe your skillset can satisfy the skills listed above, please consider applying for this position. Training will be made available for all elements of the job. Please submit resumes and letters of interest via e-mail to ais@al-anonportlandoregon.org or mail to 1750 SW Skyline Blvd., Suite #133 Portland OR 97221 attention AIS Board Chairperson. The deadline for applications will be January 1st, 2024.

OFFICE VOLUNTEERS NEEDED:

AIS needs volunteers who'd be available to fill in for a few hours during times when our special workers need to be out of the office. Volunteers don't have to be able to answer every question, and they can always tell a caller they're a volunteer and will pass on a message to the office staff who will be back in the office on such and such a day.

Very little training is necessary but we ask that prospective volunteers spend a couple of hours with office staff for a short orientation which explains procedures and how to write up literature sales. Some volunteers bring an iPad to access our website for meeting information or do so on their phones, and those who work virtually and can spare a few hours to help occasionally can bring a laptop and work from the office where there is wi-fi.

Without volunteers to help, our office will be forced to close on days when the regular staff are not available. This doesn't happen often but until this situation is resolved we suggest that you call before coming to the office to be sure someone is there.

Winter is coming! - AIS office hours may be affected.

Remember that the AIS office is on a hill and for the safety of our staff and membership the office hours will be adjusted on the fly during incremental weather. Please email the office prior to coming to ensure that we are there to greet you. Thank you for your understanding.



THANK YOU to the Greater Portland Al-Anon community for the success of our 2023 AIS Fundraiser!!!

We worked together to organize this event: you arrived early to set-up, help in the kitchen & serve guests, you arrived with sweet potatoes, potluck dishes and silent auction items, you were greeters, ticket sellers and speakers, then you paid to attend the event!!

You donated oral auction items which secured \$1,510, you bought auction items and 50/50 tickets, and then you helped clean-up and count the money when the event was over.

We were in fellowship and together we supported the AIS office, **THANK YOU** one and All!!

~ in gratitude, the 2023 AIS Fundraiser
Committee



NEWCOMERS MEETING:

It's called Beginning Now AFG and is listed on AIS, Oregon Area, and WSO websites. The 45- minute meeting has a script for leaders to follow, emphasizing simple recovery tools each week, and includes time for newcomers to ask questions. Leaders arrive and set up at 5:15pm. The meeting starts at 5:30pm and closes at 6:15pm. It's a great, simple way to share our experience, strength, and hope for people often in the greatest need. If this sounds like a service opportunity that fits you we would love to have you join us in this rewarding work. Please reach out using our contact info below.

Ward M, coordinator ward.mann@gmail.com 503-347-5014

Meladee M, District 9 Representative meladee.m@comcast.net



AFTER ALATEEN: YOUNG PEOPLE RECOVERY RESOURCE

UPDATE: Thursday Night Young People Speaker Meeting has been closed as of Oct. 31st 2023. The December event has been cancelled. Please check back for future updates and information.

WISDOM SHARED... EXCERPTS FROM "HOPE FOR TODAY" NOVEMBER 2ND;

To me recovery is intertwined with service, and the business of Al-Anon is about service performed by the entire group. The Traditions keep us focused on the *business of service*. For example, part of Tradition Five helps us focus on Al-Anon's reason for being-helping families and friends of alcoholics.

Someone needs to take responsibility for the service functions of our worldwide fellowship, and that "someone" is each of us, the individual groups. Because we are fully self-supporting, as Tradition Seven states, no one else provides funds for the business.

Al-Anon didn't just happen. There were and are many people behind the scenes making sure it survives. A group that pays attention to its affairs in all areas is a healthy group. To do my part, all it takes is a little willingness to attend the business meetings and to keep an open mind.

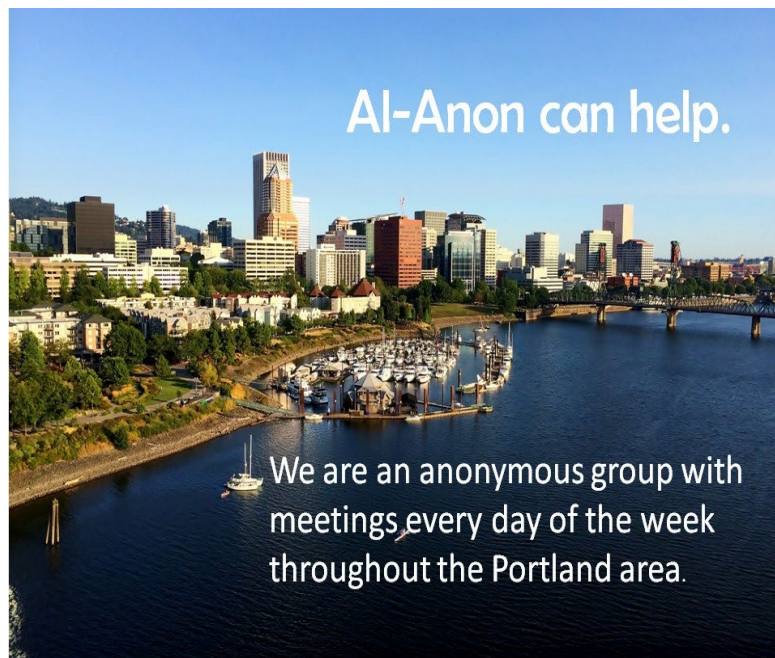
Al-Anon's Three Legacies encompass Recovery through the STEPS, Unity through the TRADITIONS, and Service through the CONCEPTS. Adopted almost word for word from Alcoholics Anonymous, the Twelve Steps of Al-Anon are the Steps followed by each of us along this very personal path to recovery.

<https://marinal-anon.org/new-to-al-anon/the-three-legacies>

AN AL-ANON INFORMATION SERVICE USUALLY PERFORMS THE FOLLOWING FUNCTIONS:

- MAINTAINS A LISTING IN THE LOCAL PHONE DIRECTORY SO THAT THOSE SEEKING INFORMATION ABOUT AL-ANON AND ALATEEN CAN EASILY FIND IT.
- MAINTAINS A POST OFFICE BOX OR AN OFFICE ADDRESS FOR LISTING WITH THE WORLD SERVICES OFFICE.
- RECEIVES POSTAL MAIL, E-MAIL AND PHONE INQUIRIES, AND FORWARDS THEM TO THE APPROPRIATE GROUP FOR RESPONSE OR FOLLOW-UP.
- IN COOPERATION WITH THE AREA GROUP RECORDS COORDINATOR, UPDATES, PUBLISHES AND DISTRIBUTES LISTS OF GROUP MEETINGS IN THEIR LOCAL AREA.
- PLANS AND CONDUCTS PROGRAM-EXCHANGE MEETINGS WHERE THE GROUPS' CHAIRPERSONS OR PROGRAM CHAIRPERSONS EXCHANGE TEAM OF SPEAKERS FOR A SCHEDULED PERIOD.
- SERVES AS AN AVENUE FOR LOCAL PUBLIC OUTREACH SERVICE, WHICH IS CHANNELLED THROUGH THE DISTRICTS WHENEVER POSSIBLE.
- MAY MAINTAIN A STOCK OF CONFERENCE APPROVED LITERATURE (CAL) AND MAY REGISTER WITH THE WSO AS A LITERATURE DISTRIBUTION CENTER (LDC) TO SELL CAL.
- MAY MAINTAIN A WEB SITE THAT IS LINKED TO THEIR AREA WEB SITE.
- HOLDS PERIODIC MEETINGS ATTENDED BY ALL THE INFORMATION SERVICE REPRESENTATIVES WHERE ACTIVITY REPORTS, INCLUDING A FINANCIAL UPDATE, ARE MADE AND MATTERS REGARDING GROUPS ARE DISCUSSED.
- PRINTS AND DISTRIBUTES ITS OWN NEWSLETTER OF LOCAL AL-ANON/ALATEEN ACTIVITIES FOR THE GROUPS THAT SUPPORT IT."

OFFICE INFORMATION



Open Tuesday-Thursday;

9:00AM - 5:00PM

Spanish Information:

(503) 916-9913

Monday - Friday: 9 am - 5 pm

Meetings are regularly posted on the AIS website and updates made as required. There are also links to the World service office and other state gatherings.

Visit us on the web at

www.al-anonportlandoregon.org

This newsletter is for you. Thank you for submitting sharing and other articles that help others. Wave M.

Share your Experience, Strength, and Hope-

Write about one of those topics or anything else related to your Al-Anon/Alateen journey and send it to thegroupscoopdx@gmail.com.