

THE GROUP SCOOP

The AI-Anon Information Services Newsletter

JANUARY/FEBRUARY 2023

POSSIBILITY FOR GROWTH AND CHANGE

HELLO Everybody, We're Baaaacccckkkk! Yes the Scoop is making its way back. A little slowly at first but we'll get there.

I'm Wave M. and I will be taking over the publication of the Scoop. Please let me know what things you miss or want to see in coming editions. Thanks for your support.

What's going On at AIS

The latest from the March service committee meeting;

AIS BYLAW DIGITIZATION: There is no current digital version of the Bylaws, so they have been retyped verbatim into a new digitized version. A motion was made to approve the digital version of the AIS Bylaws. The digital version of the AIS Bylaws was unanimously approved.

OFFICE VOLUNTEERS NEEDED: Deanna went through the training recently and shared that it was very simple but does require spending some time with one of the staff to learn where things are. She asked that if anyone is able to volunteer that they take an hour or two and participate in the training. This can be set-up with the staff to set up a time. Currently the pool of available volunteers is two or three people

Participation in AI-Anon Twelfth Step work has provided me with many opportunities to welcome and comfort newcomers. What makes this activity easier for me is the knowledge that I have a common experience with each of these people, regardless of external differences. When I Got Busy, I Got Better (P-78), page 44

When we get involved in service work, we are not performing some good deed; we are taking a positive action that has an immediate effect upon us – our growth, our well-being, and our recovery

Service Concepts Jan/Feb

Concept One

The ultimate responsibility and authority for AI-Anon world services belongs to the AI-Anon groups.

Concept Two

The AI-Anon Family Groups have delegated complete administrative and operational authority to their Conference and its service arms.

- **Where are you in your AI-Anon/Alateen journey?**
- **Do you have a personal sharing on how you are applying the Steps, Traditions or Concepts in your life?**
- **How has service enriched your recovery?**
- **Share your Experience, Strength and Hope (ESH)!**

Write about one of those topics or anything else related to your AI-Anon/Alateen journey and send it to thegroupscoopdx@gmail.com.

The **deadline** for the March/April 2023 Group Scoop will be **Friday, April 10, 2023**.

Some guidelines for submitting articles to The Group Scoop:

- Keep the focus on your AI-Anon/Alateen recovery.
- If you include quotes from AI-Anon/Alateen Conference Approved Literature be aware there are restrictions on what can be quoted without first receiving permission from the WSO. Please see the AI-Anon/Alateen Service Manual 2014-2017 pages 102-103 or contact the WSO directly with questions at wso@al-anon.org.
- Let us know if you would like your article published with your first name and last initial or as anonymous.

AI-Anon Information Services Office, serving the Greater Portland Area

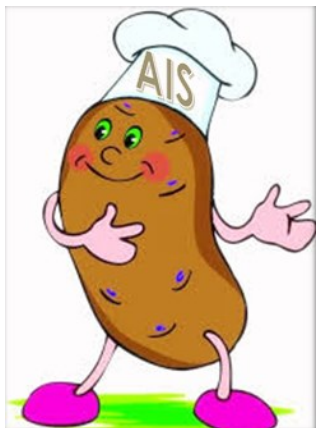
SPUD-tacular Fundraiser!!

Wow, wow, wow! Its almost that time again!

AIS Annual FUNdraiser will be October 28th, 2023 from 5:30-8:30pm at the Rise Church in Tigard. There will be speakers, potluck food, oral and silent auctions, but most importantly there will be fellowship and fun. Mark your calendar, tell a friend, plan to join in a fun evening to support your local Al-Anon Information Service Center. If you would like to participate in planning or have an Oral auction item you would be willing to donate please email the AIS office at ais@al-anonportlandoregon.org.

Mark your calendars!! The tentative date for is October 28, 2023. You won't want to miss it!

2023 AIS Fundraiser Committee



Spring is in the air-almost...

Its beginning to look a lot like Spring. Even though the rain and snows still sweep through we can feel the warming of the sun a little more each day. As the changes happens we too can look at this time as time to change our hopes and as we share the gifts we receive from the program we share.

As winter's cold days and longer nights end, and the last of snow and ice melt away, there is a short window of time, a month that shares itself with winter and spring, March. Although it only has 31 days, so much change happens to the earth, weather and nature. March makes her presence known...

Patricia L. Cisco



The third C of Al-Anon is explained through step three, which states, **“Made a decision to turn our will and our lives over to the care of God as we understood Him.”** After the friend or family member realizes there is nothing they can do to control the addiction, they can take on the step of turning it over to their higher power.

www.northstartransitions.com/post/what-are-the-three-cs-of-al-anon

What is AIS?

We are lucky to have an AIS office in our area. Hopefully this will help you understand what AIS does and how important it is to support both financially and as a volunteer!

“An Al-Anon Information Service...is a local service established and maintained by one or more districts or by groups located close enough to one another for easy access and communication...”

An Al-Anon Information Service usually performs the following functions:

- Maintains a listing in the local phone directory so that those seeking information about Al-Anon and Alateen can easily find it.
- Maintains a post office box or an office address for listing with the World Services Office.
- Receives postal mail, e-mail and phone inquiries, and forwards them to the appropriate group for response or follow-up.
- In cooperation with the Area Group Records Coordinator, updates, publishes and distributes lists of group meetings in their local area.
- Plans and conducts program-exchange meetings where the groups' Chairpersons or Program Chairpersons exchange team of speakers for a scheduled period.
- Serves as an avenue for local public outreach service, which is channeled through the districts whenever possible.
- May maintain a stock of Conference Approved Literature (CAL) and may register with the WSO as a Literature Distribution Center (LDC) to sell CAL.
- May maintain a Web site that is linked to their Area Web site.
- Holds periodic meetings attended by all the Information Service Representatives where activity reports, including a financial update, are made and matters regarding groups are discussed.
- Prints and distributes its own newsletter of local Al-Anon/Alateen activities for the groups that support it.” *

This newsletter is for you. Thank you for submitting sharings and other articles that help others.

**Page 63-64 of the 2014-2017 Al-Anon/Alateen Service Manual.*

Contact Us

Al-Anon Information Services

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Open Tuesday-Thursday;
9:00AM – 5:00PM

Spanish Information:

(503) 916-9913

Monday – Friday: 9 am – 5 pm

Saturday & Sunday: 10am – 5pm

Visit us on the web at

www.al-anonportlandoregon.org

www.oregonal-anon.org

DISTRICT MEETINGS



Meetings are regularly posted on the AIS website and updates made as required. There are also links to the World service office and other state gatherings.

We're On Social Media!

Please note that if you choose to follow us on any of our social media platforms that following, subscribing, liking, or sharing our posts does not imply Alateen/Al-Anon Membership. Please refrain from commenting on our posts. Commenting puts the user at risk of breaking personal anonymity (Tradition 11). You Follow Us we don't Follow Back. For any questions about AIS use of Social Media please contact the AIS Office.