AIS Reaches Local Institutions

What an exciting start of the year!!

As AIS Institutions Chair, I have been trying to get my foot in the door with nursing schools to carry the message, and it’s been slow going. Out of four schools, only Concordia College of Nursing has responded. We plan to have panel of Al-Anon speakers there in the fall.

In the meantime, we have an opportunity to serve the community in different ways, such as presenting for CASA (Court Appointed Special Advocates). We have a date set in July with CASA Clackamas County and hope to be part of their ongoing continuing education program. Our purpose is to inform the CASA volunteers about our message of hope for those who are still suffering from Alcoholism/Addiction, and to let them know that alcoholism is a family disease and there is help available. CASA Washington County, Yamhill County, and Multnomah County will be contacted as well.

The Oregon Department of Human Services (DHS) is very much interested in handing out Al-Anon information to family members who call in to their Child Abuse Hotline. I have put in a word with the DHS staff coordinator and hope to provide a panel of Al-Anon speakers for their All Staff day.

You do not have to be a board member or an ISR to be involved in outreach! If you are interested in being of service to our communities, please text, call or email: 971-832-2658 or mlee9685@yahoo.com

As I give, I grow!

Moon L.
Outreach—Child Abuse and Domestic Violence Summit

Service has been a big part of my Al-Anon recovery. So, this year I stood for Public Outreach Coordinator for District 11.

As the Public Outreach Coordinator for District 17 I was a bit nervous about what would be our first project.

At a district meeting the AA CPC, Amber, spoke about upcoming service opportunities. She asked if we would be interested. Of course, I said yes, and she emailed myself and Moon from AIS (Al-Anon Information Service) information about a Child Abuse and Domestic Violence Summit. Moon and I buddied up and got started asking for volunteers. Over the weeks until the Summit we began to form a roster of volunteers. Life of course happened and there were a few changes along the way.

We finally got to the day of the Summit. To my amazement I was relaxed and enjoyed my time talking to those who came by our table and asked for information. One of the volunteers summed it up:

The conference attendees were professionals working in the areas of investigation, interviewing, assessment, prosecution and treatment of child abuse, neglect and domestic violence. The conference was well attended with 200 or more including volunteers. It was a great opportunity to meet professionals who attended for the three-and-a-half-day conference. Met volunteers from DHS (Department of Human Resources), Center for Missing and Exploited Children and a local department for Children Incarcerated Parents. At our table we distributed meeting schedules, forum magazines, various pamphlets and answered questions about Al-Anon. DHS has expressed that they can use Al-Anon literature to give out to families who contact them for help.

I want to thank AA for inviting us to participate at this Summit. This is a step toward cooperation with AA.

I will end this article with a comment from a volunteer: “Thank you, I feel tremendous gratitude that I was allowed to be a part of such an important summit today!”

Humbly with Love in Service,

Jodie Pryor

Opportunities for Service

- **AIS Service Positions Available**
  The AIS Service Board is looking for chairs for AA/AIS, Literature, and Public Information/Public Outreach. Please consider these service opportunities for the Portland metro area. For more information, contact the AIS office at 503.292.1333.

- **AIS Office**
  Please consider volunteering at the Al-Anon Information Services (AIS) Office. There is a staff member there to help you and you can do it according to your own schedule. Call (503) 292-1333 for more information.

- **Alateen Sponsors**
  Alateen needs more sponsors in the Portland metro area and beyond. There is a training program and shadowing for at least three months. Call AIS (503) 292-1333 for information.

Step Five asks us to admit to ourselves, our Higher Power, and another human being ‘the exact nature of our wrongs.’ Self-awareness is important, but this Step suggests we include others in the process too. When we turn to our Higher Power and another human being, we admit we need help and cannot recover alone.

Opening Our Hearts, Transforming Our Losses (B-29), page 120
**Washington Area AFG Speakers Convention 2019**

**September 13-15**

Clark College – Gaiser Hall
1933 Fort Vancouver Way, Vancouver WA 98663

“We Can’t Do This Alone”

6 to 7 Speakers
4 to 6 Workshops
Spanish Translator

~ Steps ~
~ Traditions ~
~ Concepts ~
~ Fellowship ~

More Information on...
Schedule, Registration, Lodging and Meals

**COMING SOON!**

Contact Email: wasc2019planningcommittee@gmail.com

See you September 13-15

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**Washington Area AFG Speakers Convention 2019**

Clark College – Gaiser Hall
1933 Fort Vancouver Way, Vancouver WA 98663

“We Can’t Do This Alone”

Lodging: Comfort Inn & Suites Downtown
601 E 13th Street, Vancouver WA 98660
(360) 894-0411

Group Rate: 5100 Standard Doubles/Double
Reservation Deadline: August 15

Visit: www.washingtonareaafg.org/speakers2019
To reserve your rooms or call direct and request the
“WA AFG 2019” group rate.

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**HILLSBORO FRIDAY NITE QUARTERLY SPEAKERS MEETING**

Raffle Prizes - Fellowship - Fun 2019!

Doors open at 6:30PM—Meeting begins at 7:00PM

March 29th A Speaker
Lisa G. - Northshore Group-Hillsboro

June 28th Al-Anon Speaker
Keith G. - Growing to Wisdom - Portland
Men’s Group

September 27th Al-Anon Speaker
Roger R. – Love, Gifts of Gratitude – Lake Oswego

December 27th Al-Anon Speaker
Val V. – Let Go, Go – Forest Grove

Every 3rd Friday of each month

5:00PM Join us for a no host dinner! We’ll meet in front of the church at 5pm and walk to a local restaurant. (Speaker’s choice)

Contact: Cheryl F. 503-648-0479
Lisa G. 503-673-2288

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Planning is underway for the
2019 AIS FUNdraise

Saturday, Oct. 26th
5:30 to 8:30
Tabor Space Community Center
Southeast Portland

Interested in joining
the planning committee?

Please call AIS at 503-292-1333 to be put in touch with the event coordinator.

Enjoy outstanding speakers, a stellar silent auction and fabulous fellowship. Proceeds support the many services the Al-Anon Information Service Office provides to groups in the Portland area.

A potluck bar with fixings will be provided, along with potluck items attendees may choose to bring.

This event is for Al-Anon and Alatone members and their families.
**AIS Volunteers and Calls**

### March Volunteers
- Joan
- Fran
- Clara
- Connie
- Caralynn

### March Calls
- Al-Anon: 82
- Alateen: 3
- Business: 24
- AA: 1
- Other: 2
- Total: 112

### April Volunteers
- Joan
- Fran
- Clara
- Judi
- Cheryl
- Diana

### April Calls
- Al-Anon: 81
- Alateen: 3
- Business: 15
- 12th Step Call: 7
- AA: 4
- Other: 3
- Total: 113

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**Group Contributions to date 2019**

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<tr>
<th>GROUP NAME</th>
<th>CONTRIBUTIONS - 2019</th>
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<td>Adult Sons &amp; Daughters</td>
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### AIS Office Information

Visit the Al-Anon Information Services office, conveniently located in Portland at the intersection of SW Skyline Boulevard and Sunset Highway (Hwy. 26). In addition to the outstanding staff and volunteers, you will find a large selection of Al-Anon (CAL) literature to consider. The AIS office also offers an excellent selection of Alateen, large print and Spanish language publications and is open Monday through Friday, 9 a.m. to 5 p.m.

For more information visit the website: [http://www.al-anonportlandoregon.org/](http://www.al-anonportlandoregon.org/)
What is AIS?

We are lucky to have an AIS office in our area. Hopefully this will help you understand what AIS does and how important it is to support both financially and as a volunteer!

“An Al-Anon Information Service...is a local service established and maintained by one or more districts or by groups located close enough to one another for easy access and communication...

An Al-Anon Information Service usually performs the following functions:

- Maintains a listing in the local phone directory so that those seeking information about Al-Anon and Alateen can easily find it.
- Maintains a post office box or an office address for listing with the World Services Office.
- Receives postal mail, e-mail and phone inquiries, and forwards them to the appropriate group for response or follow-up.
- In cooperation with the Area Group Records Coordinator, updates, publishes and distributes lists of group meetings in their local area.
- Plans and conducts program-exchange meetings where the groups’ Chairpersons or Program Chairpersons exchange team of speakers for a scheduled period.
- Serves as an avenue for local public outreach service, which is channeled through the districts whenever possible.
- May maintain a stock of Conference Approved Literature (CAL) and may register with the WSO as a Literature Distribution Center (LDC) to sell CAL.
- May maintain a Web site that is linked to their Area Web site.
- Holds periodic meetings attended by all the Information Service Representatives where activity reports, including a financial update, are made and matters regarding groups are discussed.
- Prints and distributes its own newsletter of local Al-Anon/Alateen activities for the groups that support it.”

This newsletter is for you. Thank you for submitting sharings and other articles which help others.

Faith and Hope for Families needs your help! Please come and join us on the road to recovery!!

A new meeting, Faith and Hope for Families, is held at the Oregon Trail Recovery Center on McLoughlin Blvd., in Milwaukie OR. In Room 206 Friday evenings between 8pm to 9pm.

OTR (Oregon Trail Recovery) believes Alcoholism is a family disease and that family members will greatly benefit by attending Al-Anon meetings.

Also, Red Road Recovery (AA/Wellbriety) group meets downstairs at the same time. This is for the Native Americans. This is a journey of healing mentally, physically, emotionally and spiritually.

**New Al-Anon Meeting**

**Faith and Hope for Families**

At Oregon Trail Recovery

10600 SE McLoughlin Blvd., Ste. 206

Portland, OR 97222

Meets on Fridays at 8:00 p.m. – 9:00 p.m.

Red Road Recovery A.A. meets at the same time

No handicap Access

**Questions please call 855-770-0577**

…In Step Six we learn to ‘Let Go and Let God.’ This means that we must once again learn to trust the God of our understanding to do for us what we cannot do for ourselves.

*How Al-Anon Works for Families & Friends of Alcoholics* (B-22), page 55

- Where are you in your Al-Anon/Alateen journey?
- Do you have a personal sharing on how you are applying the Steps, Traditions or Concepts in your life?
- How has service enriched your recovery?
- Share your Experience, Strength and Hope (ESH)!

Write about one of those topics or anything else related to your Al-Anon/Alateen journey and send it to thegroup-scooppdx@gmail.com. The deadline for the July/August 2019 Group Scoop will be Friday, July 12, 2019.

Some guidelines for submitting articles to The Group Scoop:

- Keep the focus on your Al-Anon/Alateen recovery.
- If you include quotes from Al-Anon/Alateen Conference Approved Literature be aware there are restrictions on what can be quoted without first receiving permission from the WSO. Please see the Al-Anon/Alateen Service Manual 2014-2017 pages 102-103 or contact the WSO directly with questions at wso@al-anon.org.
- Let us know if you would like your article published with your first name and last initial or as anonymous.

thegroupscooppdx@gmail.com.